

# CHILDREN'S CLASSES

Children's classes at AAD are designed to assist children with gross motor skills, introduce them to new friends & the a studio setting. Dancers learn in a fun-filled, personal environment sure to enrich each child with confidence & enjoyment!

## AGES 2-3: NON-PERFORMING CLASS

CLASS	DAY	TIME
Twinkle Twos	Tuesday	4:00-4:30 pm

## AGES 3-4

CLASS	DAY	TIME
Firststeps	Monday	5:45-6:15 pm
Firststeps	Thursday	4:15-4:45 pm

## AGES 5-6

CLASS	DAY	TIME
Primary Acro	Tuesday	5:15-6:00 pm
AAD's Itty Bittys**	Tuesday	6:00-6:45 pm
Kidtap 1	Wednesday	4:30-5:00 pm
Kidance 1	Wednesday	5:00-5:45 pm
KidIrish 1	Wednesday	5:45-6:30 pm

## AGES 6-7

CLASS	DAY	TIME
KidIrish 2	Tuesday	4:30-5:15 pm
Primary Acro	Tuesday	5:15-6:00 pm
AAD's Itty Bittys**	Tuesday	6:00-6:45 pm
Kidtap 2	Thursday	4:45-5:15 pm
Kidance 2	Thursday	5:15-6:00 pm

\*\* Competition Group; enrollment in Kidance & Kidtap required

MONTHLY TUITION  
\$46 / 1ST CLASS  
\$28 EA. ADDITIONAL CLASS

AAD  
AMANDA'S ACADEMY OF *Dance*

ASK ABOUT AAD'S  
'ITTY BITTYS'  
\*\*COMPETITION GROUP

REGISTER *Online!*

[www.AmandasAcademy.com](http://www.AmandasAcademy.com)

329 Division Street La Crosse, WI 608-785-7543



# LEVEL 1, 2 & 3 CLASSES

Dance is about having fun, building confidence and developing technique. Dancers progress at different rates and ultimately, we strive to ensure each dancer has the right mix of comfort and challenge in each class.

\* Enrollment in Ballet required    \*\* Enrollment in Ballet & Jazz required    ^ Enrollment by teacher recommendation only

## LEVEL 1 APPROX. AGES 8-10

CLASS	DAY	TIME
Tap 1	Monday	4:30-5:00 pm
Jazz 1	Monday	5:00-5:45 pm
Ballet 1	Monday	5:45-6:45 pm
Hip Hop 1	Tuesday	4:30-5:15 pm
Acro 1	Tuesday	5:15-6:00 pm
Mini Musical Theatre **	Tuesday	6:00-6:45 pm
Lyrical/Modern 1 *	Tuesday	6:45-7:30 pm
Irish 1^	Thursday	4:45-5:30 pm

## LEVEL 2 APPROX. AGES 10-12

CLASS	DAY	TIME
Acro/Conditioning 2	Tuesday	5:15-6:00 pm
Mini Musical Theatre **	Tuesday	6:00-6:45 pm
Lyrical/Modern 2 **	Tuesday	6:45-7:30 pm
Hip Hop 2	Wednesday	4:15-5:00 pm
Irish 2^	Wednesday	5:00-5:45 pm
Jazz 2	Thursday	4:30-5:15 pm
Ballet 2	Thursday	5:15-6:15 pm
Tap 2	Thursday	6:15-7:00 pm

## LEVEL 3 APPROX. AGES 11-13

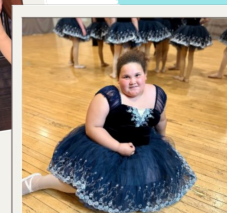
CLASS	DAY	TIME
Tap 3	Tuesday	4:00-4:30 pm
Pre-Pointe 3*	Tuesday	4:45-5:15 pm
Ballet 3	Tuesday	5:15-6:15 pm
Jazz 3	Tuesday	6:15-7:15 pm
Jr. Musical Theatre**	Tuesday	7:15-8:00 pm
Hip Hop 3	Wednesday	4:15-5:00 pm
Acro/Conditioning 3	Wednesday	5:00-5:45 pm
Lyrical/Modern 3**	Wednesday	5:45-6:45 pm
Irish 3^	Wednesday	6:45-7:45 pm

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MONTHLY TUITION  
\$49 / 1ST CLASS  
\$33 EA. ADDITIONAL CLASS



# LEVEL 4 & 5 CLASSES

Dance is about having fun, building confidence and developing technique. Dancers progress at different rates and ultimately, we strive to ensure each dancer has the right mix of comfort and challenge in each class.

\* Enrollment in Ballet required    \*\* Enrollment in Ballet & Jazz required    ^ Enrollment by teacher recommendation only

## LEVEL 4 BASED ON SKILL LEVEL

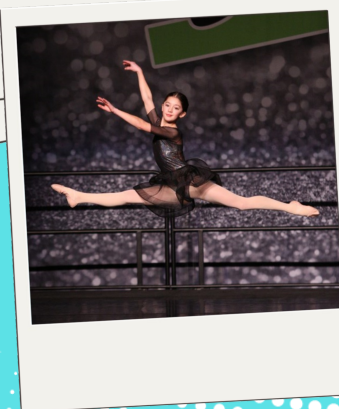
CLASS	DAY	TIME
Lyrical 4**	Monday	4:45-5:45 pm
Jazz 4	Monday	5:45-6:45 pm
Pointe 4*	Monday	6:45-7:15 pm
Ballet 4	Monday	7:15-8:30 pm
Acro/Conditioning 4	Wednesday	5:00-5:45 pm
Sr. Musical Theatre **	Wednesday	5:45-6:45 pm
Advanced Hip Hop	Wednesday	6:45-7:30 pm
Advanced Tap	Thursday	5:30-6:15 pm
Modern 4**	Thursday	6:15-7:15 pm
Irish 4^	Thursday	6:15-7:15 pm

## LEVEL 5 BASED ON SKILL LEVEL

CLASS	DAY	TIME
Lyrical 5**	Monday	4:45-5:45 pm
Jazz 5	Monday	5:45-6:45 pm
Pointe 5*	Monday	6:45-7:15 pm
Ballet 5	Monday	7:15-8:30 pm
Irish 5 ^	Tuesday	7:15-8:15 pm
Acro/Conditioning 5	Wednesday	5:00-5:45 pm
Sr. Musical Theatre **	Wednesday	5:45-6:45 pm
Advanced Hip Hop	Wednesday	6:45-7:30 pm
Advanced Tap	Thursday	5:30-6:15 pm
Modern 5**	Thursday	6:15-7:15 pm

## ADULTS

CLASS	DAY	TIME
Adult Tap	Thursday	7:00-7:45 pm
Adult Irish	Thursday	7:15-8:15 pm



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MONTHLY TUITION  
\$54 / 1ST CLASS  
\$36 EA. ADDITIONAL CLASS



# COMPETITION & SKILL BOOSTS

No auditions! At AAD, if you want to dance, then DANCE! We take pride in offering competition opportunities to dancers of all ages and abilities!

## SKILL BOOSTS & PRIVATE LESSONS

CLASS	DAY/TIME	TUITION
Technique Focus	Open/Varies	\$24 / .5 hour
Private Comp. Lessons	Open/Varies	\$24 / .5 hour



## COMPETITION CLASSES

COMPETITION IS NOT REQUIRED TO ENROLL IN CLASS

CLASS	DAY	TIME
Lyrical 4**	Monday	4:45-5:45 pm
Lyrical 5**	Monday	4:45-5:45 pm
Mini Musical Theatre **	Tuesday	6:00-6:45 pm
AAD's Itty Bittys**	Tuesday	6:00-6:45 pm
Jr. Musical Theatre**	Tuesday	7:15-8:00 pm
Lyrical/Modern 3**	Wednesday	5:45-6:45 pm
Sr. Musical Theatre **	Wednesday	5:45-6:45 pm
Advanced Hip Hop	Wednesday	6:45-7:30 pm
Modern 4**	Thursday	6:15-7:15 pm
Modern 5**	Thursday	6:15-7:15 pm
Production**	Various Sundays	afternoon
Elite Petite & Line	Various Sundays	afternoon



As our world is changing, the competition season at AAD will look just a bit different too.

## THE FOCUS IS NOT SIMPLY ON COMPETITION

It is our goal to instill in our students a passion for performing rather than merely the desire to win awards. Toward that end, Competitive Dancers have performance opportunities other than competitions. We believe the lessons learned through community performances are as valuable as the competition experience.

Our solid reputation for quality reflects our attitude toward competition and our goal to develop in each student a genuine respect for dance as an art form. We consider students' participation in competitions not merely part of their dance training; it's also an important part of how we influence their growth as people. With the right focus, the experience gained in competition can be an excellent source of self-confidence. Hitting that stage and doing the best they can is what it's all about; whether they win—or which award they win—is secondary.

All dancers registered for weekly classes are welcome to compete with the classes listed or dancers can register for a separate solo, duet, trio or small group.

"Production" is a great introductory option!  
Ask us for more info!

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# TECHNIQUE CLASSES & SPECIALTY CLASSES

## Level 1

(8-11 or teacher recommendation) A beginner level. This level is designed so the young beginner dancer can attend Ballet, Tap & Jazz classes in their entirety & explore new styles.

## Level 2

(9-11 or teacher recommendation) An advanced beginner level. Enrollment in Ballet, Tap, Jazz & Pre-Pointe is based on instructor recommendation.

## Level 3

(Level based on skill rather than age) An intermediate to beg. intermediate level. Enrollment in Pre-Pointe/Pointe I, Ballet, Tap & Jazz is based on instructor recommendation.

## Level 4

(Level based on skill rather than age) An advanced intermediate level. Enrollment in Pointe, Ballet, Tap & Jazz is based on instructor recommendation.

## Level 5

(Level based on skill rather than age) An advanced level. Enrollment in Pointe, Ballet, Tap & Jazz is based on instructor recommendation.

### Ballet 1-5

A classical form of dance that provides a strong, solid technical base for all other dance forms. Classical technique including barre, center work, progressions & vocabulary are taught. Emphasis on developing correct placement, habits & a solid foundation for future dance study.

### Jazz 1-5

A full body warm-up including center, across the floor and combinations that include an exploration of different jazz styles. Fun, upbeat style of dance that stems from ballet and combines today's stylish moves with energetic, popular, age-appropriate music.

### Tap 1-5

Tap technique, stylization, terminology, historical background and an emphasis on rhythmic skills. Great for developing rhythmic coordination skills. Traditional & modern styles explored.

### PRE-POINTE, POINTE 4-5

Pointe requires a solid foundation of advanced Ballet technique. Instructors determine when a student is technically & physically capable of beginning Pointe work. This class must accompany a regular ballet class.

### Hip Hop 1-5 (6-adult)

An athletic combination of fast footwork, free-style dance, salsa, and martial arts moves, done to pulsating street-style music. This class combines the high energy of Hip-Hop with traditional Jazz technique.

### Adult Classes (teen-adult)

It's never too late to start dancing! This class is designed for teens & adults who would like a regular weekly class that offers fundamental technique in Ballet, Jazz & Hip Hop. It provides great benefits to self-esteem & exercise, is a fun, no pressure, relaxed environment! Great for those involved in Show Choir & Theatre!

### MUSICAL THEATRE 1-5

Explore dance through Broadway musicals. Technical skills and choreography are the basis of MT. This class uses community and competitive performances to enhance dance and life skills. Ballet and Jazz are required (1-6) and Tap is encouraged (4-6, & required 1-3), as this is a competition class.

### LYRICAL 1-5

A highly technical style of dance that fuses ballet & jazz to show the meaning of music. Lyrical will challenge students to use movement & emotion to tell a story. Ballet is required to take lyrical. Level 3-6 may compete.

### MODERN 1-5

A style of theatrical dance that rejects the limitations of classical ballet and favors movement deriving from the expression of inner feeling; free movement. Modern 4-6: a Ballet & Jazz technique class are required. Level 4-6 may compete.

### Irish (5-adult)

**Kid-Irish:** An intro to Irish technique is taught & is the main focus throughout the year.

**Irish 1 & Adult:** Basic technique is taught & is the main focus throughout the year. Students will learn the beginner jig and reel.

**Irish 2 & Adult:** Students who have had 1-2 yrs. experience in Irish dance will be placed in this advanced beginning class. Basic technique is reviewed & continued & an intro to hard shoe will begin in this level.

**Irish 3:** Dancers will learn more challenging dances in hard & soft shoe. Additional team dances will be taught. Students will be encouraged to excel in their knowledge of form, posture and rhythm.

**Irish 4:** Dancers will further advance in the complexity of the steps in their dances, including the reel, lip jig & also will learn different hard shoe timings in the slow hornpipe, slow treble jig & traditional set.

**Irish 5:** This level demands more time dedicated to stamina & set dances. Students will demonstrate the most advanced steps & will serve as an example of excellence to audiences & younger students.

## Dress Code

FOR YOUR CONVENIENCE ALL DANCE ATTIRE & FOOTWEAR MAY BE PURCHASED AT AAD.

AT AAD WE ENCOURAGE OUR STUDENTS TO EXPRESS THEIR PERSONALITY IN THEIR DANCEWEAR. COLORS & STYLES MAY BE CHOSEN BY EACH STUDENT AS LONG AS IT IS PROPER DANCE ATTIRE. FOLLOWING THE DRESS CODE SHOWS SAFETY, RESPECT TO THE STUDIO, INSTRUCTOR AND FELLOW STUDENTS... YET WE CAN STILL HAVE FUN!

CLASS STYLE	ATTIRE	SHOES	HAIR
Ballet / Lyrical* / Modern*	Any color leotard. Tights, shorts, skirt or leggings	Pink Leather Ballet *Half soles	Bun or secure ponytail
Jazz / Tap / Musical Th.	Any color leotard. Tights, shorts, pants or leggings	Nude Split Sole Jazz	Bun, braid or secure ponytail
Hip Hop - girls	Form fitting tank top or t-shirt, leggings, joggers	Level I: Clean soled tennis shoes. Level II-V: Cutie Pie HH shoes	Secure ponytail
Hip Hop - guys	T-shirt, athletic pants or shorts	Clean soled tennis shoes	
Irish	T-shirt, tank or leotard, shorts	Ghillies &/or hard shoes	Secure ponytail