



# CHILDREN'S CLASSES

THESE CLASSES ARE DESIGNED TO ASSIST CHILDREN WITH GROSS MOTOR SKILLS & TO INTRODUCE THEM TO THE CLASS ENVIRONMENT. STUDENTS LEARN IN A FUN-FILLED, PERSONAL ENVIRONMENT SURE TO ENRICH EACH CHILD WITH CONFIDENCE & ENJOYMENT!

**TWINKLE TWOS:** (ages 2-3) This class is specifically designed for the youngest dancer and promotes self expression, creativity, basic fundamentals of dance through movement. Offered in 4 week sessions. Separate registration form required.

**FIRSTEPS:** (ages 3-4) Stretches both the body and the imagination of the very young dancer. Gross motor skills are creatively developed through interactive dance games & stretching. Students are introduced to the basics of Ballet and explore general technique. *Dancers are welcome to register for both sections.*

**KID-IRISH:** (ages 5-7) All students who are new or have had 1 year experience to Irish dance will be placed in this class. Basic technique is taught and is the main focus throughout the year.

**KIDANCE I:** (ages 5-6) & **KIDANCE II:** (ages 6-7) Introduces the young dancer to the fundamentals of Ballet and Jazz with the use of creative movement and technique. Dance class etiquette is also taught through a fun and creative manner. Dancers gain confidence, poise and make many new friends!

**KIDTAP I:** (ages 5-6) & **KIDTAP II:** (ages 6-7) Teaches rhythms, terminology and movements in Tap. Great for developing rhythmic coordination skills. Dancers love making music with their feet!

**BOYS HIP HOP:** (ages 6 & up) "No Tutus! No Tights! Just Boys!" We are breaking the stereotype with an athletic combination of fast footwork, free-style dance and martial arts moves... just for boys!

ALL YOUNG DANCER CLASSES ARE BASED ON AGE RATHER THAN SKILL LEVEL

## CLASS SCHEDULES

AGES 2 - 4			
Class	Age	Day	Time
Twinkle Twos*	2-3 year olds	Thursday	4:00-4:30 pm
Firststeps - Sect. 1	3-4 year olds	Tuesday	5:00-5:30 pm
Firststeps - Sect. 2	3-4 year olds	Wednesday	5:30-6:00 pm ★
AGES 5 - 7			
Class	Age	Day	Time
Boys ONLY Hip Hop	6 yrs. & up	Thursday	5:00-5:45 pm
Kidtap I	5-6 year olds	Wednesday	4:15-4:45 pm
Kidance I	5-6 year olds	Wednesday	4:45-5:30 pm
Kid-Irish	5-7 year olds	Tuesday	4:15-5:00 pm
Kidtap II	6-7 year olds	Tuesday	5:00-5:30 pm
Kidance II	6-7 year olds	Tuesday	5:30-6:15 pm

★ Note: Class time revised as of August 25, 2017.

## Dress Code

FOR YOUR CONVENIENCE ALL DANCE ATTIRE & FOOTWEAR MAY BE PURCHASED AT AAD.

AT AAD WE ENCOURAGE OUR STUDENTS TO EXPRESS THEIR PERSONALITY IN THEIR DANCEWEAR! COLORS AND STYLES MAY BE CHOSEN BY EACH STUDENT AS LONG AS IT IS PROPER DANCE ATTIRE FOLLOWING THIS SIMPLE DRESS CODE WILL ALLOW TEACHERS TO SEE BODY LINES AND MAKE APPROPRIATE CORRECTIONS, SHOWS RESPECT TO THE STUDIO, INSTRUCTOR AND FELLOW STUDENTS... YET WE CAN STILL HAVE FUN!

### TWINKLE TWOS, FIRSTEPS, KIDANCE/TAP I, KIDANCE/TAP II

Any color leotard, tights or danceable clothing. Pink ballet shoes for ballet based classes & black single strap tap shoes are required for tap. Tutus, skirts, dance shorts or leggings are welcome. Hair should be secured away from face in barrettes, headband, ponytail or a bun, if possible.

### BOYS HIP HOP

Tshirts, athletic shorts or basketball type pants are welcome. Clean soled tennis shoes. Shoes worn outside will not be allowed in the studio.

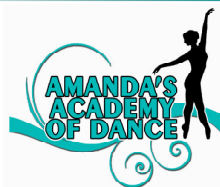
### KID-IRISH

Tshirt, leotard or tank top with shorts that show the knee or tightly fit leggings. Gillies (soft) shoes.



MONTHLY TUITION		
First Class	\$40.00	
Each Additional Class	\$20.00 per class	(50% discount)
*Twinkle Twos	\$35.00 per session	

# TECHNIQUE & SPECIALTY



## CLASS SCHEDULES LEVELS I-V

DUE TO THE WIDE VARIETY OF CURRICULUMS TAUGHT FROM STUDIO TO STUDIO, PLEASE REFER TO THE GENERAL DESCRIPTIONS & GUIDELINES OF EACH CLASS TO HELP UNDERSTAND OUR LEVELS OF PROGRESSION. THESE ARE APPROXIMATE LEVEL PROGRESSIONS; STUDENTS MAY PROGRESS AT DIFFERENT RATES. LEVELS DO OVERLAP SLIGHTLY DEPENDING ON HOW MUCH TRAINING DANCERS HAD IN THOSE YEARS. PLACEMENT WILL ULTIMATELY BE DETERMINED BY THE FACULTY OF AAD IN THE BEST INTERESTS OF EACH STUDENT UPON REGISTRATION; BASED ON EXPERTISE OF THE CURRICULUM, SKILL, ABILITY & PERFORMANCE PROFICIENCY. STUDENTS REMAIN IN EACH LEVEL FOR APPROX. 2-3 YEARS.

### LEVEL I (AGES 8-11)

Class	Age	Day	Time
Irish I	8-11 yrs.	Monday	4:30-5:30 pm
Lyrical I*	8-11 yrs.	Tuesday	5:30-6:15 pm
Hip Hop I	8-11 yrs.	Tuesday	6:15-7:00 pm
Musical Theatre I	8-11 yrs.	Wednesday	6:00-6:45 pm ★
Boys ONLY Hip Hop	6 yrs. & up	Thursday	5:00-5:45 pm
Tap I	8-11 yrs.	Thursday	4:30-5:00 pm
Jazz I	8-11 yrs.	Thursday	5:00-5:45 pm
Ballet I	8-11 yrs.	Thursday	5:45-6:45 pm

### LEVEL II (AGES 9-11)

Class	Age	Day	Time
Hip Hop II	9-11 yrs.	Monday	5:45-6:45 pm
Irish II ^	9-11 yrs.	Monday	6:30-7:30 pm
Tap II	9-11 yrs.	Tuesday	4:30-5:15 pm
Jazz II	9-11 yrs.	Tuesday	5:15-6:15 pm
Ballet II	9-11 yrs.	Tuesday	6:15-7:15 pm
Pre-Pointe *^	9-11 yrs.	Tuesday	7:15-7:45 pm
Modern II/III	9-11 yrs.	Wednesday	5:30-6:30 pm ★
Fundamentals (Jazz & Ballet)	Teen-Adult	Wednesday	6:45-8:00 pm ★
Musical Theatre II **	9-11 yrs.	Thursday	5:45-6:45 pm
Boys ONLY Hip Hop	6 yrs. & up	Thursday	5:00-5:45 pm
Lyrical II*	9-11 yrs.	Thursday	6:45-7:45 pm

\* Enrollment in Ballet required

\*\* Enrollment in Ballet & Jazz required

★ Note: Class time revised as of August 25, 2017.

\*\*\* Enrollment in Ballet OR Jazz required

^ Enrollment by teacher recommendation only

### LEVEL III (BASED ON SKILL NOT AGE)^

Class	Approx. Age	Day	Time
Musical Theatre III **	12 yrs. & up	Monday	6:45-7:45 pm
Irish III ^	12 yrs. & up	Monday	5:30-6:30 pm
Hip Hop III	12 yrs. & up	Monday	7:45-8:45 pm
Lyrical III *	12 yrs. & up	Wednesday	4:30-5:30 pm ★
Modern II/III	12 yrs. & up	Wednesday	5:30-6:30 pm ★
Tap III	12 yrs. & up	Thursday	5:00-5:45 pm
Jazz III	12 yrs. & up	Thursday	5:45-6:45 pm
Ballet III	12 yrs. & up	Thursday	6:45-7:45 pm
Pre-Pointe/Pointe for Level III *^	12 yrs. & up	Thursday	7:45-8:15 pm

### LEVEL IV (BASED ON SKILL NOT AGE)^

Class	Approx. Age	Day	Time
Hip Hop IV/V	13 yrs. & up	Monday	6:45-7:45 pm
Irish IV ^	13 yrs. & up	Monday	7:30-8:30 pm
Jazz IV	13 yrs. & up	Tuesday	6:15-7:15 pm
Ballet IV	13 yrs. & up	Tuesday	7:15-8:30 pm
Pointe for Level IV *^	13 yrs. & up	Tuesday	8:30-9:00 pm
Lyrical IV *	12 yrs. & up	Wednesday	6:45-7:45 pm ★
Tap IV/V	13 yrs. & up	Wednesday	7:45-8:30 pm ★
Musical Theatre IV **	13 yrs. & up	Thursday	6:45-7:45 pm
Modern IV/V ***	13 yrs. & up	Thursday	7:45-8:45 pm

### LEVEL V (BASED ON SKILL NOT AGE)^

Class	Approx. Age	Day	Time
Musical Theatre V **	15 yrs. & up	Monday	4:45-5:45 pm
Lyrical V *^	15 yrs. & up	Monday	5:45-6:45 pm
Hip Hop IV/V	15 yrs. & up	Monday	6:45-7:45 pm
Irish V ^	15 yrs. & up	Monday	8:00-9:00 pm
Pointe for Level V *^	15 yrs. & up	Wednesday	4:45-5:30 pm ★
Ballet V	15 yrs. & up	Wednesday	5:30-6:45 pm ★
Jazz V	15 yrs. & up	Wednesday	6:45-7:45 pm ★
Tap IV/V	13 yrs. & up	Wednesday	7:45-8:30 pm ★
Modern IV/V ***	15 yrs. & up	Thursday	7:45-8:45 pm

### TEEN & ADULT LEVELS

Class	Age	Day	Time
Adult Irish	Adult	Tuesday	7:15-8:15 pm
Fundamentals (Jazz & Ballet)	Teen-Adult	Wednesday	6:45-8:00 pm ★
Beginning Middle Eastern	Adult	Wednesday	7:45-8:45 pm ★



**Level I**

(8-11 or teacher recommendation) A beginner level. This level is designed so the young beginner dancer can attend Ballet, Tap and Jazz classes in their entirety.

**Level II**

(9-11 or teacher recommendation) An advanced beginner level. Enrollment in Ballet, Tap, Jazz & Pre-Pointe is based on instructor recommendation.

**Level III**

(Level based on skill rather than age) An intermediate to beg. intermediate level. Enrollment in Pre-Pointe/Pointe I, Ballet, Tap & Jazz is based on instructor recommendation. This level is perfect for those dancers wanting to try new classes and dance disciplines.

**Level IV**

(Level based on skill rather than age) An advanced intermediate level. Enrollment in Pointe, Ballet, Tap & Jazz is based on instructor recommendation.

**Level V**

(Level based on skill rather than age) An advanced level. Enrollment in Pointe, Ballet, Tap & Jazz is based on instructor recommendation.



**Ballet I-V**

A classical form of dance that provides a strong, solid technical base for all other dance forms. Classical technique including barre, center work, progressions & vocabulary are taught. Emphasis on developing correct placement, habits & a solid foundation for future dance study.

**Jazz I-V**

A full body warm-up including center, across the floor and combinations that include an exploration of different jazz styles. Fun, upbeat style of dance that stems from ballet and combines today's stylish moves with energetic, popular, age-appropriate music.

**Tap I-V**

Tap technique, stylization, terminology, historical background and an emphasis on rhythmic skills. Great for developing rhythmic coordination skills. Traditional & modern styles explored.

**PRE-POINTE, POINTE III-V**

Pointe requires a solid foundation of advanced Ballet technique. Instructors determine when a student is technically & physically capable of beginning Pointe work. This class must accompany a regular ballet class.

**Hip Hop (6-adult)**

An athletic combination of fast footwork, free-style dance, salsa, and martial arts moves, done to pulsating street-style music. This class combines the high energy of Hip-Hop with traditional Jazz technique.

**Boys Hip Hop:** "No Tutus! No Tights! Just Boys!"

**FUNDAMENTALS (teen-adult)**

It's never too late to start dancing! This class is designed for teens & adults who would like a regular weekly class that offers fundamental technique in Ballet, Jazz & Hip Hop. It provides great benefits to self-esteem & exercise, is a fun, no pressure, relaxed environment! Great for those involved in Show Choir & Theatre!

**MUSICAL THEATRE I-V**

Explore dance through Broadway musicals. Technical skills and choreography are the basis of MT. This class uses community and competitive performances to enhance dance and life skills. Ballet and Jazz are required (II-V) and Tap is encouraged, as this is a competition class.

**LYRICAL I-V**

A highly technical style of dance that fuses ballet & jazz to show the meaning of music. Lyrical will challenge students to use movement & emotion to tell a story. Ballet is required to take lyrical. Level III-V may compete.

**MODERN II/III & IV/V**

A style of theatrical dance that rejects the limitations of classical ballet and favors movement deriving from the expression of inner feeling; free movement. Modern II/III: no technical training needed. Modern IV/V: a Ballet &/or Jazz technique class is required. Level IV/V may compete.

**Irish (5-adult)**

**Kid-Irish:** An intro to Irish technique is taught & is the main focus throughout the year.  
**Irish I & Adult:** Basic technique is taught & is the main focus throughout the year. Students will learn the beginner jig and reel.  
**Irish II & Adult:** Students who have had 1-2 yrs. experience in Irish dance will be placed in this advanced beginning class. Basic technique is reviewed & continued & an intro to hard shoe will begin in this level.  
**Irish III:** Dancers will learn more challenging dances in hard & soft shoe. Additional team dances will be taught. Students will be encouraged to excel in their knowledge of form, posture and rhythm.  
**Irish IV:** Dancers will further advance in the complexity of the steps in their dances, including the jig, reel & slip jig & also will learn different hard shoe timings in the slow hornpipe, slow treble jig & traditional set.  
**Irish V:** This level demands more time dedicated to stamina & set dances. Students will demonstrate the most advanced steps & will serve as an example of excellence to audiences & younger students.

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CLASS STYLE	ATTIRE	SHOES	HAIR
Ballet / Lyrical* / Modern*	Any color leotard. Tights, shorts, skirt or leggings	Pink Leather Ballet *Half soles	Bun or secure ponytail
Jazz / Tap / Musical Th.	Any color leotard. Tights, shorts, pants or leggings	Nude Split Sole Jazz	Bun, braid or secure ponytail
Hip Hop - girls	Form fitting tank top or t-shirt, leggings, joggers	Level I: Clean soled tennis shoes. Level II-V: Cutie Pie HH shoes	Secure ponytail
Hip Hop - guys	T-shirt, athletic pants or shorts	Clean soled tennis shoes	
Irish	T-shirt, tank or leotard, shorts	Ghillies &/or hard shoes	Secure ponytail